

# Medicare-Medicaid Services for States

Helping states build better programs for dually eligible individuals

## About Us

**Altarum Medicare-Medicaid Services for States (AMMS)** is a nonprofit organization that helps states create financially sustainable solutions to advance health, health equity, wellness, and independent living for dually eligible individuals. We enhance state capacity by providing exceptional national expertise around dual eligible and long-term services and supports (LTSS) policy and program administration. Our state-specific, data-driven approaches improve health equity and outcomes while efficiently managing Medicaid dollars.



Supporting state efforts to grow expertise, build Medicare-Medicaid integration capacity, and achieve success.

## Opportunities to Improve Individuals' Experiences and Maximize Public Funding

AMMS partners with states to tailor solutions to the unique characteristics, needs, and preferences of their dually eligible populations. We understand that these populations are diverse in race, ethnicity, age, gender, disability, cognitive ability, physical and behavioral health status, and social circumstances which may require varied program approaches. Most access care and supports that are fragmented across the Medicare and Medicaid programs. There is a significant opportunity to enhance and better align these programs to improve individuals' experiences, outcomes, and quality of life. States also have an opportunity to address the cost-shifting that occurs between the two programs and develop efforts to maximize Medicare service coverage.

## A Partner to Expand State Capacity

Not many people have deep Medicare-Medicaid integration expertise, and there are few who have *both* policy and program administration experience. As a result, states are challenged to identify and hire the best people to advance Medicare-Medicaid integration. AMMS helps states gain and expand in-house capacity.

## Our Expertise

We attract and hire experts who step into the shoes of states to advise, as well as run programs. AMMS leadership has extensive national experience in Medicare-Medicaid integration and Medicaid LTSS program policy and administration. Working with states, Centers for Medicare & Medicaid Services (CMS), consumers, providers, advocates, delivery systems, health plans, and other stakeholders, we have helped states tackle the complexities and realize the value of dual integration efforts and programs.



Bringing exceptional national dual eligible and LTSS policy and program administration expertise working with states and their unique characteristics, environments, populations, and stakeholders.

## State Services

***AMMS offers approaches tailored to each state.*** We meet states where they are along the continuum of knowledge, capacity, and expertise. We assess current situations and offer phased-in approaches to integration to achieve person-centered care—from gaining Medicare proficiency, to increasing coordination across the two programs, to implementing fully integrated programs.



## AMMS SERVICE AREAS AND EXAMPLES

### Strategy and Program Design

- Identify paths to improve care coordination and integration to support person-centered care and program efficiencies
- Maximize efforts to ensure Medicare benefit coverage as primary payer
- Conduct data analysis of dual eligible population
- Assess Medicare market environment
- Identify national best practices to tailor to local needs and strengths

### Administration and Operations

- Partner to implement initiatives and strengthen state policy and administrative capacity
- Provide project and program management
- Conduct data analysis and performance analytics including development of appropriate quality metrics
- Develop purchasing strategies alongside state actuaries and staff
- Develop, oversee, and operationalize State Medicaid agency contracts with Medicare dual eligible special needs plans (D-SNPs)
- Guide and advise on IT integration

### Communications

- Develop comprehensive internal and external communication plans
- Conduct stakeholder/consumer engagement meetings and regional forums pre- and post-implementation
- Liaise with CMS and state legislators
- Manage workgroups and relationships (e.g., interagency, cross-departmental, provider, and consumer)

This includes hands-on training and assistance that leads to sustainable in-house dual eligible population and integration expertise.

### Sharing Expertise Across States

AMMS creates a needed hands-on resource for states across the country to both identify a path to and implement integrated initiatives. Participating states can leverage exceptional dual integration expertise, as well as learn what works best in different circumstances. We bring and share best practices that continually improve through our multi-state experiences.

### Outcomes—How We Define Success

We define success with each state based on their individual goals. Across states, success includes:

- ▲ Programs reflect the goals and values of diverse dually eligible individuals and health equity
- ▲ More individuals living in the community
- ▲ Improved individual experience
- ▲ Improved quality and outcomes
- ▲ Increased state program cost efficiencies, financial sustainability, and potential savings
- ▲ Greater state institutional expertise in Medicare and dual integration
- ▲ Wider availability of, and more people enrolled in, integrated programs

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