

CE Offering Front Matter

a) Introduction

Thank you for agreeing to participate with your practice in the Reframing Optimal Management of Pain and Opioids in Older Adults (ROMPO-OA).

Altarum, the University of Michigan, and the University of Toledo are teaming up to help primary care providers effectively manage pain in older adults. When prescribing opioids to older adults, it is important to balance pain relief and quality of life with the risk of opioid dependency. Additional factors to consider include polypharmacy, cognitive and physical function, caregivers, social supportive services, and end-of-life preferences. The ROMPO-OA project goal is to respond to the unique challenges providers face when caring for older (age 60+) patients with pain through a comprehensive educational program to transform primary care clinicians' management of pain in this population.

At the end of this course, you will be able to:

- Describe effective pain management strategies for treating older adults
- Create a treatment plan for elderly patients experiencing pain that minimizes the use of pharmacological approaches, including opioids
- Apply consolidation of polypharmacy, opioid tapers, and conversion strategies to elderly pain patients as a part of their ongoing pharmacologic management
- Implement SUD detection into your practice while minimizing stigma
- Implement best practice approaches to pain with elderly patients
- Integrate virtual visits and EMR strategies into practice workflow

b) Target Audience:

This course is designed for Michigan-based Primary Care and Advanced Practice Providers caring for patients aged 60 and over.

c) Contacts

Contact information regarding the project, its goals, and participation details/requirements is below.

If you have questions about:

General program questions and participation requirements:

Jessica McDuff
ROMPO-OA Project Manager
Jessica.McDuff@altarum.org

Practice coaching and technical assistance:

Carrie Coon
ROMPO-OA Practice Facilitator (Altarum)
Carrie.Coon@altarum.org

Lauren Marshall
ROMPO-OA Practice Facilitator (Altarum)
Lauren.Marshall@altarum.org

CME or MOC Part IV credits

CE@altarum.org

d) Program Requirements to receive CME and/or MOC Part IV

The learner must:

- Complete a 6-month quality improvement (QI) program, which includes a 2-hour training session (either as 2 one-hour sessions, or 1 two-hour session) and follow-up technical assistance
- Submit performance data at 3 data points (baseline, 3 months post-training, and 6-months post-training)
- Complete an attestation survey: for those who are eligible for CME and/or MOC, an email will be sent to you after completion of the 6-month QI program with a link to complete your attestation survey.

e) Financial Disclosure

Altarum is committed to ensuring all educational activities offered for credit to any group of providers are free from influence by any ineligible company. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, Altarum implemented mechanisms to identify and mitigate relevant financial relationships with ineligible companies for all individuals in a position to control the content of this activity.

The following individuals have reported that neither they nor their spouse/partner have a financial interest or relationship, currently or within the past twelve months, with any ineligible company.

Name	Role
Melina Darby	Former Project Manager
Carrie Coon	Practice Facilitator
Lauren Marshall	Practice Facilitator
Daniel Berland	Subject Matter Expert
Christine Stanik	Co-Investigator
Yam Hoon Lim, M.Ed	CE Manager

f) Accreditation & Credit Designation

CME. Altarum is accredited by the Michigan State Medical Society to provide continuing medical education for physicians. Altarum designates this PI CME activity for a maximum of 20 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit for PI CME. The American Medical Association recognizes continuing medical education occurring through participation in “performance improvement” activities (PI CME). Physicians may receive 20 *AMA PRA Category 1 Credit(s)*TM if they participate in a quality improvement (QI) activity that involves at least one improvement cycle of (1) analyzing data on current practice performance, (2) implementing interventions based on the analysis, and (3) analyzing data on performance after the intervention and summarizing changes.

ABMS MOC. Altarum had been approved by the American Board of Medical Specialties Multi-Specialty Portfolio Program to approve quality improvement activities for Part IV MOC. Participating as required in this QI project will provide:

- American Board of Family Medicine certified physicians: 20 points depending on certification year
- American Board of Internal Medicine: 30 Practice Assessment points

NCCPA MOC. Altarum has been approved to provide Performance Improvement CME that meets requirements of the National Commission on Certification of Physician Assistants (NCCPA) for maintenance of certification. Participating as required in this QI project will be awarded 30 PI-CME credits. NCCPA then doubles the first 20 PI-CME credits earned for each PA per CME logging cycle.