

Dear Provider,

Did you know?

- ***About 1 in 4 adults drinks more alcohol than is recommended for good health.***
- ***About 1 in 8 adults has an alcohol use disorder.***

The U.S. Preventive Services Task Force, NCQA, and CMS recommend that: Clinicians screen all patients for alcohol use annually and provide brief preventive advice for everyone who reports possible unhealthy alcohol use.

What is MI-SPARC? MI-SPARC is a FREE Alcohol and Health initiative that will support your practice in the implementation of behavioral health integration into your clinical workflows, focusing specifically on evidence-based approaches to alcohol-related care.

Why is it important? Addressing alcohol-related concerns is always important for physical, mental, and emotional well-being. It is especially important now during our current global pandemic, with a rise in stress, depression, and alcohol use.

How does it work? Practices will participate in 2 virtual or in-person training sessions and 6 months of practice facilitation.

Who is eligible? If you are a primary care provider, caring for patients 18 years and older that is Michigan-based, you are eligible to participate in the MI-SPARC Alcohol and Health program.



FREE CME & MOC Part IV Credit Opportunity

We are offering a unique opportunity for clinicians to earn **20 Maintenance of Certification (MOC) Part IV** and **30-50 Performance Improvement Continuing Medical Education (PI CME) credits**. This course is designed for primary care physicians, nurse practitioners, physician assistants, and allied health professionals providing care to adults, 18 years and older.

For more information or questions about Continuing Medical Education: 1-855-4-Altarum or CE@altarum.org