

Alcohol and Health

FREE Clinical Training to Address Alcohol's Health Impacts While Integrating Behavioral Health into Primary Care

What is MI-SPARC? MI-SPARC is a free Alcohol and Health initiative that will support your practice in the implementation of behavioral health integration into your clinical workflows, focusing specifically on evidence-based approaches to alcohol-related care. This includes screening for unhealthy alcohol use, offering brief preventive advice, and engaging patients with alcohol use disorders in shared decision-making to offer patient-centered evidence-based options, including medication treatment.

Why is it important? Addressing alcohol-related concerns is always important for physical, mental, and emotional well-being. It is especially important now during our current global pandemic, with a rise in stress, depression, and alcohol use.

How does it work? Practices will participate in 2 virtual or in-person training sessions and 6 months of practice facilitation. Practice facilitation provides comprehensive technical assistance, behavioral health integration, and access to a community resource guide supporting alcohol use disorder treatment.



Who is eligible? If you are a primary care provider, caring for patients 18 years and older that is Michigan-based, you are eligible to participate in the MI-SPARC Alcohol and Health program.

For more information:
734-302-5658
MI-SPARC@altarum.org

DID YOU KNOW?

About 1 in 4 adults drinks more alcohol than is recommended for good health

AND

About 1 in 8 adults has an alcohol use disorder

The U.S. Preventive Services Task Force, the National Committee for Quality Assurance (NCQA), and the Centers for Medicare & Medicaid Services (CMS) recommend that:

Clinicians screen all patients for alcohol use annually and provide brief preventive advice for everyone who reports possible unhealthy alcohol use.

- Drinking alcohol can cause health problems for anyone.
- Primary care alcohol-related advice and recommendations can help people decrease drinking.
- Alcohol use disorder is caused by many factors, including how much a person may drink.
- Several options are effective for patients with alcohol use disorder:
 - FDA-approved medications to treat alcohol use disorder can be offered in primary care.
 - Individual or couples counseling.
 - Group counseling or treatment.
 - Mutual help programs like SMART (Self-Management and Recovery Training) Recovery or Alcoholics Anonymous (AA).

Participants may be eligible for Maintenance of Certification (MOC) Part IV credits and Continuing Medical Education (CME) credits (see reverse side for details).

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FREE CME & MOC Part IV Credit Opportunity

Altarum is offering a unique opportunity for clinicians to earn **Maintenance of Certification (MOC) Part IV and Continuing Medical Education (CME) credits**. These credits will be offered to the following participants and are limited to small to medium sized practices who see adult patients:

ABMS Certified Physician

Part IV MOC Activity Completion, e.g., Boards of:

- Family Medicine: **20** points depending on certification year
- Internal Medicine: **20** points depending on certification year
- Obstetrics and Gynecology: 1 Part IV assignment
- Preventive Medicine: 1 practice performance assessment

Allopathic (MD) Physician

CME: **30 AMA PRA Category 1 Credits™**
(Performance Improvement)

Osteopathic (DO) Physician

CME: **30 AOA Category 2B Credits**

Nurse Practitioner

CME: **30 AMA PRA Category 1 Credits™**
(Performance Improvement)

Physician Assistant (PA)

Project awarded **30** PI CME credits.
NCCPA then doubles the first **20** PI CME credits earned for each PA per CME logging cycle.

Target Audience:

This course is designed for primary care physicians, nurse practitioners, physician assistants, and allied health professionals providing care to adults, 18 years and older.

Training and cycles of performance assessment and improvement will help participants:

1. Understand the importance of patient-centered screening for unhealthy alcohol use, how to interpret AUDIT-C scores, and offering brief preventive counseling for patients with unhealthy alcohol use.
2. Integrate assessment and diagnosis of alcohol use disorder into care.
3. Engage and manage patients with alcohol use disorder using shared decision-making.
4. Align clinical care processes to support quality and performance improvements.
5. Optimize Electronic Health Record (EHR) workflow to fulfill QM #431, QM #305, and Improvement Activity # IA_BMH_3.

Participation Duration: **6-month cycle**

For more information or questions about
Continuing Medical Education:
1-855-4-Altarum | CE@altarum.org