

RAD-IT

Responding to Adolescent Depression through Integration and Telemedicine

Did You Know? Most adolescents *fully recover* from depression with appropriate treatment.

Would your practice benefit from having more resources to treat adolescent depression? We can help! RAD-IT is a one-year training program for rural primary care clinicians or those located in a Health Professional Shortage (HPSA) area. It is designed to address statewide increases in teen depression and help you better meet the behavioral health (BH) needs of your adolescent patients through:



Virtual Training and Resource Toolkit

Eligible clinicians will receive Continuing Medical Education (CME) and Maintenance of Certification (MOC) credits* for participation in three virtual trainings, four short case-based podcasts, and two Plan-Do-Study-Act (PDSA) cycles.

Clinicians will also have access to an interactive Learning Management System with a **curated toolbox of resources for clinicians, teens, and their parents**. Resources include up-to-date information on subjects such as depression, bullying, substance use, self-harm, suicidality, and telehealth.



Custom Assistance and Support

Each practice will receive a **dedicated practice facilitator** who will help you: implement effective screening and treatment practices, use telehealth as a BH resource, collect and submit program data, develop and/or improve workflow and billing procedures, and implement follow-up and patient monitoring protocols.



Network of Behavioral Health Professionals

All enrolled clinicians will have access to Altarum's Remote Care for Kids (RCK) Network, a **telehealth network of over 100 licensed BH providers** who specialize in treating adolescents with depression. These clinicians are committed to the RAD-IT program and may be used for clinician-to-clinician consults, or as a treatment resource for your patients.

Practices will also receive **tailored BH referral guides** that present up-to-date information on BH clinicians near your practice. The guides use intuitive icons so you can easily identify treatment modalities, insurance accepted, languages spoken, and more.



Telehealth Equipment – Yours to Keep

Each practice will receive **free, high-quality, HIPAA compliant telehealth equipment and software**. Practices may use the equipment and software provided (and/or their own equipment) to conduct telehealth visits with any of their patients. The DX80 equipment is yours to keep upon program completion. The WebEx platform is valid for 3 years. Together, the package is **valued at ~\$5,000**.

For more information, please contact:

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ALTARUM is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

Altarum designates this other (two live internet trainings, one recorded, and four podcasts) activity for a maximum of 30 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.